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Measuring sense of security according to Maslow's test and relationship to compatibility with university life for students faculty of physical education and sports sciences

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Abstract

Increase in interest in sports is not only in terms of organizing its interesting games, playing and laws, but also keeping pace with surrounding effects that have undergone successive, successive scientific studies between countries until sports today as most important appearance that expresses civilization of peoples throughout entire earth.

Among those manifestations that accompanied development of sport is development of meaning of being athletic, as well as studying direct and side effects on sporting personality, and how should any negative psychological effects be avoided that may need subjectivity and affect quality of his athletic performance, and psychological security arises as a result of interaction of human being with surrounding environment Through experiences he is going through and environmental, social and political factors that affect individual.

Security is one of important needs to build character. Security is an expression, indicating a psychological state on which organism is found, when it satisfies its needs, which differ according to living organism itself. It is for a person what he feels towards needs, by obtaining them, his demands are completed. She needs differ from one person and from one place to another.

Current study depends on descriptive approach that is annihilated by what exists in reality and trying to explain it and it is interested in identifying circumstances and relationships that exist between facts and n analyze and interpret m as it is used in this approach.

Methods of measurement, classification, interpretation, and conclusion of relations with significance in relation to problem presented to research and its analysis to reach realization of its nature and attempt to develop solutions that contribute to its solution.

Keywords: Sense of security, Maslow's test, students of faculty of physical education

Introduction

Life of a person has prolonged or shortened. It is summarized in words of three: Future past, and roles are only coherent episodes in series of life. A person necessarily builds his present on ruins of his past and looks at his future in light of his present, and he is in all of this therefore, we find among people who look at his future as a look of trust and reassurance, as he is preaching optimistic who lives from light of hope or anticipates sun from behind clouds. And some of my reflect life on his psyche as a dark shadow, so he does not trust anyone and sees nothing but evil. He is constable pessimism that lives in darkness of despair. And some of m are between taking himself a middle center that is NEIR extremist or exaggeration that ship of life pushes as you like at times he hopes good and sometimes he anticipates evil. Development of measurement in physical education reveals to us that he was aside aside with progress that occurred in methods of research in this profession as it appeared it is an associate of developments that occurred for sports education, which has reached its important position today. Feeling of psychological reassurance is one of positive mental health and its first indicators. Many scientists and thinkers have talked about most prominent positive indicators of mental health, including individual's feeling of psychological security, "success in establishing relationships with ORS, achieving psychological compatibility, avoiding sclerosis and openness to others" (Zahran, 1997) ^[12].

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Date of modern measurement in physical education dates back to approximately 1860 AD, and it is still continuing to this day, and studies have revealed development of measurement in physical education during this time period. Increase in interest in sports is not only in terms of organizing its interesting games, playing and laws, but also keeping pace with surrounding effects that have undergone successive, successive scientific studies between countries until sports today as most important appearance that expresses civilization of peoples throughout entire earth. Among those manifestations that accompanied development of sport is development of meaning of being athletic, as well as studying direct and side effects on sporting personality, and how should any negative psychological effects be avoided that may need subjectivity and affect quality of his athletic performance, and psychological security arises as a result of interaction of human being with surrounding environment Through experiences he is going through and environmental, social and political factors that affect individual. Security is one of important needs to build character. Security is an expression, indicating a psychological state on which organism is found, when it satisfies its needs, which differ according to living organism itself. It is for a person what he feels towards needs, by obtaining m, his demands are completed. She needs differ from one person to ANOR, and from one place to adore are those looking for shelter to achieve his first security, and some of my seek food and if shelter and food are fulfilled, n security is achieved with stability of livelihood.

That is why (Maslow) has counted it as a basic axis of mental health, a condition that does not mean absence of pathological symptoms," but also means individual's ability to confront frustration that he is exposed to, which means his ability to personal compatibility" (Youth, 2006) ^[10]. Feeling of psychological security involves feelings Multiple is based on similar implications, such as absence of anxiety and fear, and manifestations of threats and dangers on components of personality from inside or from outside with charity with reassurance and emotional stability.

Research Problem

Individual feeling of psychological security tends to generalize this feeling to world around it, and sees people in goodness and love, and he cooperates with m and feels comfortable for them, so ORS accept it and this is reflected in its acceptance of itself and reason. primary component of social behavior among students of College of Physical Education and Sports Science is lack of comfort, safety and psychological stability in coexistence with university life for students of Faculty of Physical Education and Sports Science and fear performs an important biological function, because it drives a person to move away from danger or caution against falling into it.

Research Aims

1. Knowing a sense of security according to Maslow test of students of College of Physical Education and Sports Science.
2. Learn about compatibility with university life for students of College of Physical Education and Sports Sciences.
3. Learn about feeling of security according to Maslow test and a relationship with social compatibility with

university life of students of Faculty of Physical Education and Sports Sciences.

4. Knowing measurement with social compatibility and a relationship with psychology for research sample personnel.

Research hypotheses

1. There is a relationship between measuring feeling of pain and a sense of psychological comfort, according to Maslow test and a relationship with social consensus of students of College of Physical Education and Sports Science.
2. Maslow tests have a positive impact on feeling security and psychological comfort and its relationship to compatibility with university life among students of College of Physical Education and Sports Science.

Research Fields

1. **Human field:** Fourth stage students in Faculty of Physical Education and Sports Sciences at Basrah University for academic year 2020/2021.
2. **Spatial field:** Faculty of Physical Education and Sports Science at Basrah University.
3. **Time field:** From 10/11/2020 to 5/4/2021.

Methodology and Procedures

Research Methodology: Current study depends on descriptive approach that is perishing with what is in reality and trying to explain it and it is concerned with identifying circumstances and relationships that exist between facts and n analyze and interpret m where methods of measurement, classification, interpretation and conclusion of relations with significance in relation to problem of research analysis are used in this curriculum. And attempt to develop solutions that contribute to solution.

Research Community: Research community means all individuals, "people or things who are subject of research problem. As for research sample, it is part of original research community". researcher chooses in different methods and includes a number of individuals from original community (Dokan Ouida & Others: 1988) and research community may be from 66 students from Students of Faculty of Physical Education and Sports Sciences at Basrah University, (50) students were chosen in random method (lottery), and a percentage of (75.757%) constituted a percentage of (75.75%).

Devices, tools and means of collecting

Tests and measurement

Maslow test

Exploratory experience

Exploratory experience was conducted on a sample of (10) students from Faculty of Physical Education and Sports Sciences at Basrah University on 2/1/2021, and purpose of this experience was Identify obstacles that may be accompanied by researcher when conducting tests, as well as time that test needs and practice on how to manage test. This experiment has achieved purposes for which it was set.

Main Experience

After confirming procedures for exploratory experience, and in order to obtain accurate results, tests were divided into three sections of my agencies

Table 1: Shows details of main experience

Scales	Day	Method of distribution	Number of female students
Maslow test	Monday 7/1/2020	Elctronec	50
Compatibility scale with university life	Tuesday 8/1/2020	Elctronec	50

Statistical Means

SPSS statistical bag is used (VER 21) according to following laws

- Arithmetic Mean
- Standard Deviation
- Variance
- Kurtosis Factor
- Simple Correlations (Pearson)

View, analyze and discuss results

View and Analysis of Results of Sense of Security and Compatibility with University life

Table 2: Shows computational circles, standard deviations, and coefficient

Scales	Arithmetic mean	standard deviation	Kurtosis Factor
Sense of security	23.56	4.25	0.98
Compatibility scale with university life	20.78	3.04	0.68

Through Table (2), we find that mamatical medium for a sense of security has reached (23.56,) and this number is among average level of security, as total mark of scale ranges between (zero -75).

Interpretation of signs on scale: - (zero - 11) is a high sense of security. - (12-24) A medium sense of security - (25 - and above) is a lack of security. Standard deviation was (4.25) and coefficient of Kurtosis Factor (0.98.)

As for measure of compatibility with university life, it achieved a 20.78 account with a standard deviation of (3.04) and coefficient of twisting for this scale was (0.68.) researcher explains reason for this based on following opinions. (Zahran, 1990) [13] "indicates that need for psychological security includes physical health and physical security", need to feel internal security and survival alive, need to avoid danger, pain, need to relax, rest, and need for need for Healing in illness, need for a happy, happy and happy life, need for protection against deprivation from satisfaction of motives, and need to help solve problems.

(Jabr, 1996) [6] "Believes that psychological security is "a state of self-compatibility and social adaptation, affected by individual's organic condition and social and economic factors surrounding him'.

(Kafafi 1989) [14] "adds that extent and quality of preliminary motives and methods that follow in satisfying child's feeling of security or not feeling it", in event of securing a reasonable amount of gratification, it opens way to satisfy needs of higher levels of love and appreciation, but if it is not done This amount of gratification, so individual remains preoccupied with securing this required amount, and emergence of or needs that follow need for security, and if needs of physical functions are satisfied, individual is free from pressure and control of his behavior, so his need for security becomes important and he searches for a safe, saturated environment that is not hostile to him, And if this is achieved for him, he feels need for love and

belonging and building social relations with ores, and need for self -esteem, and if this need is satisfied with individual's poetry with confidence in society," he seeks to do actions that make him focus of attention of others" (Hussein Ali: 1989) [15].

Psychological security is one of important needs of human personality, as its roots extend to childhood of a person, and more is first source of child's sense of security, and for one's experiences an important role in a person's feeling of psychological security, so one's security becomes threatened at any stage of life, if it is exposed to psychological or social pressure It has no energy, which may.

It leads to psychological disorder, "so psychological security is one of high levels of human being achieved after achieving his worldly needs" (Jabr, 1996) [6].

Al-Sharia sees that child's relationship with his parents or any important individual in his environment interacts with him constantly, beginnings of formation of psychological security are first human experience that child interacts with, role of others comes like teachers and friends later, and " social environment continues to influence psychological security of individual such as family and a group Work and or social effects".

We may note that individual in elementary stage is not safe even if all causes of security, love and belonging have it, because he did not live in security for his childhood, while we find that " individual who lived in his childhood maintains his psychological security even if he lived in an overflowing environment that involves threat or Danger".

(Hebron, 1991) [1] "indicated that (Chevir &Mimman) explained that lack of security causes individual a state of anxiety", increased worries, thinking, feeling uncomfortable, expressing excessive anxiety towards positions of daily life, and it becomes an easy prey for disease and chagrin. It results in a lack of sense of psychological security Many psychological problems and behavioral disorders, fear, anxiety, tension, excessive concern, lack of confidence, subordination, adherence, lack of freedom, hesitation, and escape responsibility, subordination to others, "hatred of life and what is in it, and may lead to loss of security to suicide ideas, a sense of sorrow, sadness and surrender" (Abdul Majeed, 2004) [16].

View, analysis and discussion of results of collection between a feeling of security and compatibility with university life

Table 3: Shows results of between correlations a feeling of security and compatibility with university life

Scales	Correlations	Morale
Sense of security	0.72	0.005
Compatibility scale with university life		

Through Table (3), we find that value of correlations between a feeling of security and compatibility with university life has reached (9.0.72) and morale of (0.005) and this values are less than values of significance (0.05), which indicates a high moral correlations between feeling of security and compatibility with university life, and this indicates that students have achieved psychological security Where average grades of female students were higher than ritical average of scale, as high degrees indicate a feeling of psychological security and low degrees indicate that re is no feeling of psychological security. Average grades of female students on measure of compatibility with university life are higher than ritical average of scale and thus its association

with a positive (direct and direct relationship) with ire degrees to feel psychological security. researcher attributes reason for this that more psychological security increases among female students, more he will agree with him with university life because (Al-Badrani: 2004) ^[3] knows him as "reassurance, tranquility, stability and lack of fear in situations of life".

Researcher defines procedurally as Individual's sense of reassurance and lack of fear of social storms surrounding him and possessing ability to confront m and overcome it effects.

Conclusions and Recommendations

Conclusions

1. Students of Faculty of Physical Education and Sports Science have an average level of psychological security.
2. Students of Faculty of Physical Education and Sports Sciences have a higher level of average in compliance with university life.
3. Psychological security achieved a high moral correlation with compatibility of university life for students of Faculty of Physical Education and Sports Sciences.

Recommendations

1. Giving extensive priorities to female students in order to raise psychological security within University.
2. Giving an educational and educational mission to students in order to increase compatibility with university life.
3. Conducting a similar study to or samples.

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Paragraphs of Test

1. Do you usually want to be with ORS to be alone.
2. Do you rest for social positions.
3. Do you lack self-confidence.
4. Do you feel that you are getting enough praise.
5. Do you feel repeatedly that you are upset with world.
6. Do you think that people love you as IR love for ORS.
7. Do you worry a long period of some of insults you are exposed to.
8. Can you be comfortable with yourself.
9. Are you in general a non-selfish person.
10. Do you tend to avoid unpleasant things by evading m1.
11. Do you repeatedly feel lonely even if you are among people.
12. Do you feel that you have your right to this life.
13. When your companions criticize you, is it your habit to accept IR criticism in a good spirit.
14. Do you get your resolve easily.
15. Do you usually feel friendly towards most people.
16. Do you often feel that this life does not deserve to live a person.
17. Are you generally optimistic.
18. Do you consider yourself a somewhat nervous person.
19. Are you generally a happy person.
20. Do you often realize what you do.
21. Do you tend to be unhappy with yourself.
22. Are your morale often low.
23. When you meet with ORS for first time, do you feel that y will not love you.
24. Do you have enough faith yourself.
25. Do you get angry and erupted easily.
26. Do you generally feel that you can trust most people.
27. Do you feel that you are a beneficial person in this world.
28. Is it usually consistent with ORS.
29. Do you spend a long time to worry about future.
30. Do you usually feel good health and strength.
31. Are you a good speaker.
32. Do you have a feeling that you are a burden on ORS.
33. Do you find it difficult to express your feelings.
34. Do you usually rejoice in happiness of ORS and IR good luck.
35. Do you often feel neglected and do not receive necessary attention.
36. Do you tend to be a doubt.

37. Do you think in general that this world is a beautiful place to live in.
38. Do you get angry and erupted easily.
39. Do you often think of yourself.
40. Do you feel that you live as you want, not as ORS want.
41. Do you feel sorry and compassion for yourself when things go wrong.
42. Do you feel successful in your work or job.
43. Is it your habit to let ORS see you for your reality.
44. Do you feel that you are inactive to life in a disease.
45. Do you usually do your work on assumption that things will end well.
46. Do you feel that life is a heavy burden.
47. Does a sense of imperfection worry.
48. Do you feel generally high.
49. Do you get to ge with or sex.
50. Did it happen that you feel anxious that people on street are watching you.
51. Does your feelings be easily hurt.
52. Do you feel comfortable in this world.
53. Are you worried about your intelligence.
54. Do ORS feel comfortable with you.
55. Do you have a vague fear of future.
56. Do you behave on your nature.
57. Do you generally feel that you are a lucky person.
58. Was your childhood happy.
59. Do you have many loyal friends.
60. Do you feel uncomfortable in most cases.
61. Do you tend to fear of competition.
62. Does happiness be overwhelmed by your family's atmosphere.
63. Do you worry a lot that bad luck in future gets you.
64. Do you often become annoyed by people.
65. Do you usually feel satisfied.
66. Does your mood tend to fluctuate from very happy to very sad.
67. Do you feel that you are in general respecting.
68. Can you work in harmony with ORS.
69. Do you feel that you cannot control your feelings.
70. Do you sometimes feel that people laugh at you.
71. Are you generally a relaxed nerve (not tense).
72. In general, do you feel that world around you does a fair treatment.
73. Have you ever disturbed you that things are not real.
74. Have you ever been insulted.
75. Do you behave on your nature.

Appendix 1: Compatibility scale with university life (ATCS)

No	Paragraph	Complete Full	Complete More	Do not apply
1	I feel comfortable when I am alter.			
2	Sometimes I feel nervous, mood disorder inside kidney.			
3	I am attending attendees regularly.			
4	I meet a lot of male and female students, and I seek to make friends with m.			
5	I knew why I was alter			
6	I feel poorly compatible with relationships with other sex.			
7	I am compatible with university life.			
8	I feel emotional instability in my relationships with other sex.			
9	I try to rely on myself to solve problems facing me inside university			
10	I am now convinced of an optional decision for college.			
11	I try to achieve my goals through my superiority in my university studies.			
12	I am not satisfied with level of my academic achievement			
13	My university goals are clear.			
14	I feel loss of motivation about my continued university studies in recent period.			
15	Get a university degree is most important thing for me.			
16	I am satisfied with university academic courses.			
17	I enjoy writing university lectures.			
18	I rely on some colleagues to solve some emotional problems with other sex.			
19	I am convinced to practice sports, cultural and recreational activities within university.			
20	I am convinced of role of psychological services center within university in directing and guiding university students			
21	Improved my visits to university library to provide my information.			
22	Sometimes I feel hesitant in my choice of academic specialization.			
23	Sometimes I feel sleep problems when thinking about my future after completion of university study.			
24	I find it difficult to spend my free time inside university.			
25	I participate in seminars and scientific conferences held by university.			
26	I keep my notes on university life.			
27	I feel not focusing for me to arrange my thoughts.			
28	I find many troubles in doing school duties at home			
29	I feel different from some of classmates in some of ideas and actions y do.			
30	I face some difficulties in obtaining some courses.			
31	I love academic courses of an applied nature.			
32	I try to rehabilitate myself to work that I want to practice after graduation.			
33	I adhere to all guidelines and directives of university professors.			
34	I hope to continue to complete my higher studies after graduating from university.			
35	I have friendly relationships with some university faculty members.			
36	I differed with some classmates and classmates of study.			